

## Course Title: Defensive Driving - Off Road Soft Sand Driving Skills

Target Audience:	The course is designed for all drivers who require the knowledge and skills to drive safely and competently in off-road conditions.
Aims:	To enhance drivers knowledge and skills for driving safely conditions and environment
Objectives:	By the end of this session, the delegate will have an understanding of the following:  Explain how the handling characteristics of four wheel drive vehicles can affect control in off-road conditions.  Identify off-road hazards on gravel plain, rocky undulating terrain (wadis) and sand dunes.  Demonstrate vehicle and safety equipment checks prior to off-road driving.  Demonstrate the ability to drive defensively in off-road conditions.  Demonstrate the principles of ascent and descent in off-road conditions (sand dunes).  Change a wheel in off-road conditions.  Demonstrate how to recover a vehicle stuck in soft surface conditions off-road (self and assisted recovery techniques).  Demonstrate the correct engagement/use of high/low gear ratios and differential locks.  Demonstrate knowledge of vehicles jacks.  Demonstrate knowledge of reducing tyre pressures in soft sand and subsequent use of air compressors.  Demonstrate knowledge of animals found in the Omani desert.  Understand heat injuries: cause, signs and treatment.  Think and act 'defensively' and 'safely' at all times. These are the key components and form the basis of the course.  Safe use of all controls is vital; but this course focuses on the all-important perceptive skills i.e. the driver's thought processes, which are developed to a high level by means of encouragement, quality instruction and commentary driving by the instructor and trainees to ensure safe progress in all off-road
	environments/conditions.



Assessment:	Our assessment process is carried out using a range of methods: Observations, Questions, Demonstration, Simulation, however it's about our instructor feeling safe.
Prerequisite:	Hold a valid ROP/GCC driving licence for a light vehicle
Certification:	This course is Approved and Certified by IVV (International Association for Driver Education).
Duration:	1 day.
Validity:	2 years
Venue:	OTI facilities Muscat, Safah and Mukhaizna or the client's facilities if suitable.
No of Delegates:	N/A

06-DD-OFFROAD-SAND