



MEDIC First Aid BasicPlus CPR, AED & First Aid for Adults



Target Audience:	This course is for all employees who are required to be first aiders in their workplace. It will provide them with the knowledge and skills required to respond to any workplace emergency where first aid treatment is needed. Each Candidate will get a book, a review sheet and International Certification on successful completion of the course assessments.																										
Language	English, Hindi and Arabic																										
Aims:	To provide certified training in all Basic First Aid BasicPlus, CPR, AED in all first aid emergency circumstances in the workplace.																										
Objectives:	<p>Upon successful completion of this course the candidate will be able to:</p> <ul style="list-style-type: none"> • Develop the knowledge, practical skills and confidence to respond in a medical emergency. • Make learning easier as the programme is DVD driven and the candidates' practice while watching and repeat the skill sets until they have demonstrated understanding and competence in each skills required. • Build confidence and is both engaging and enjoyable way to learn. 																										
Course Content	<table border="1"> <tr> <td>Scene Safety</td> <td>Choking, Fainting</td> <td>Amputation</td> </tr> <tr> <td>The First Aider</td> <td>Allergies, Asthma</td> <td>Eye Injuries</td> </tr> <tr> <td>Legal Considerations</td> <td>Heart Attack</td> <td>Nose Bleeds</td> </tr> <tr> <td>Primary Assessment</td> <td>Diabetes</td> <td>Tooth Injuries</td> </tr> <tr> <td>Secondary Assessment</td> <td>Control of Bleeding</td> <td>Moving the Patient</td> </tr> <tr> <td>Sudden Cardiac Arrest</td> <td>Managing Shock</td> <td>Poisoning</td> </tr> <tr> <td>CPR for Adults, Children & Infants</td> <td>Sprains, Broken Bones & Splinting</td> <td>Insects, Snake Bites</td> </tr> <tr> <td>Using an AED for Adults & Children</td> <td>Head & Neck Injuries</td> <td>Heat Exhaustion</td> </tr> </table>			Scene Safety	Choking, Fainting	Amputation	The First Aider	Allergies, Asthma	Eye Injuries	Legal Considerations	Heart Attack	Nose Bleeds	Primary Assessment	Diabetes	Tooth Injuries	Secondary Assessment	Control of Bleeding	Moving the Patient	Sudden Cardiac Arrest	Managing Shock	Poisoning	CPR for Adults, Children & Infants	Sprains, Broken Bones & Splinting	Insects, Snake Bites	Using an AED for Adults & Children	Head & Neck Injuries	Heat Exhaustion
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Prerequisite:	Age 16+; capable to practice CPR
Certification & Validity:	Each candidate will be observed and examined on the skills and knowledge during the course. Successful candidates will receive a Medic First Aid international Certification which is valid for two years.
Duration	Two days
Venue:	OTI facilities or at your preferred location across Oman if suitable.
Class Numbers	Class Numbers are limited to 12 candidates for 1 Instructor. If the class size is bigger than 12, an extra Instructor will be provided.

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