



Course Title: Safe Working At Height

Target Audience:	Those who are working at high elevations such as steel fixers, scaffolders, mechanics, assemblers, riggers, inspectors and others.
Language	English, Hindi and Arabic
Aims:	To provide Knowledge and understanding of legal requirements, hazards associated with working at height and fall protection requirements.
Objectives:	<p>Our objectives of this training course is that delegates should be able to demonstrate the understanding of;</p> <ul style="list-style-type: none">• Hazards associated with work at height and medical fitness requirement• Different activities and hazard (associated with working at height).• Proper planning and supervision and Safe systems of working at height.• Personal protective equipment; How & where to use full body harness.• How to use life lines in unprotected edges of platforms• Fall arrestors and their usage and fall protection techniques.• How & where to use life lines.• Working with man lifts in high elevations.• Control measures and recovery measures and emergency response in case of accident
Prerequisite:	HSE Induction
Assessment	Multiple choice questions , Observations, Demonstrations Simulations
Certification:	OTI Certification
Duration:	4 Hours
Validity:	3 Year
Venue:	OTI facilities Muscat, Safah and Mukhaizna or the client's facilities if suitable.
No of Delegates	4 - 16

04-SC-SWH

